

Food Chemistry 71 (2000) 207-214

Food Chemistry

www.elsevier.com/locate/foodchem

Comparative catalytic activity of two plant proteinases upon caprine caseins in solution

Sofia V. Silva, F. Xavier Malcata*

Escola Superior de Biotecnologia, Universidade Católica Portuguesa, Rua Dr. António Bernardino de Almeida, 4200-072 Porto, Portugal

Received 9 April 1999; accepted 3 May 2000

Abstract

The proteolytic activities of cardosins A and B, two (plant) proteinases from *Cynara cardunculus*, toward caprine caseins, independently, or in the presence of each other as Na-caseinate, were studied in a comparative fashion using polyacrylamide gel electrophoresis and reversed phase high performance liquid chromatography. The electrophoretic degradation patterns of both α_s - and β -casein, brought about by the cardosins, were similar to one another. In what concerns the specificity of these two enzymes upon caseinate, the major cleavage sites were Leu127-Thr128 and Leu190-Tyr191, both in β -casein. When caseins were tested independently, both cardosins cleaved Phe153-Tyr154 in α_{s1} -casein, as well as Leu127-Thr128 and Leu190-Tyr191 in β -casein. \bigcirc 2000 Elsevier Science Ltd. All rights reserved.

Keywords: Goat; Rennet substitute; Proteolysis; Electrophoresis; RP-HPLC

1. Introduction

Goats and sheep were among the first milk-producing animals to be domesticated, and milk produced by these small ruminants has been gaining considerable economic importance, particularly in Mediterranean countries, owing to the wider acceptance of cheeses obtained therefrom.

Proteolysis is beyond doubt the most important set of biochemical phenomena during ripening of most cheeses (Jin & Park, 1996), and is carried out, to different extents, by proteolytic agents originating in milk, rennet (or rennet substitute), and starter and non-starter micro-organisms (Kelly, Fox & McSweeny, 1996). Primary proteolysis is caused chiefly by residual rennet and produces large to medium-sized peptides from caseins; these can be further degraded into small peptides and eventually free amino acids, in processes known in whole as secondary proteolysis. Primary proteolysis plays an essential role in the development of proper cheese texture, whereas secondary proteolysis is often implicated with cheese flavour; it is thus of great importance to assure a well-balanced breakdown of curd proteins (caseins) in order to avoid formation of such undesired attributes in cheese as low viscosity and high bitterness (Visser, 1993).

Cynara cardunculus is a plant from the Asteracea family, a prickly variety of thistle similar to the globe artichoke (Roseiro, 1991), that grows wild and abundantly in several Mediterranean areas, as well as in the Canary and Madeira islands (Sanjuan & Fernandez-Salguero, 1994). Aqueous extracts of the flowers of this plant have proven successful substitutes for animal rennet, and have accordingly been used for ages in the manufacture of goat's and ewe's milk cheeses in several rural areas of Portugal and Spain (Macedo, Malcata & Oliveira, 1993). The clotting activity of those extracts is accounted for by two aspartic proteinases, tentatively named cardosin A and cardosin B, which are present in the flowers of C. cardunculus in variable fractions depending on position; these enzymes are similar, in terms of specificity and activity, to chymosin and pepsin, respectively (Veríssimo, Esteves, Faro & Pires, 1995).

Several analytical techniques have been extensively employed in the characterization of protein hydrolysates. Electrophoresis is one of the most accurate methods to monitor primary proteolysis, whereas high performance liquid chromatography (HPLC), using hydrophobic (or

^{*} Corresponding author. Tel.: +351-225580004; fax: +351-22509 0351.

E-mail address: xmalcata@esb.ucp.pt (F.X. Malcata).

^{0308-8146/00/\$ -} see front matter \odot 2000 Elsevier Science Ltd. All rights reserved. PII: S0308-8146(00)00157-6

reverse phase) columns, has been found to be highly efficient in the separation of small peptides, and hence in monitoring secondary proteolysis, while providing useful information regarding their hydrophobicity (Silvestre, 1997).

The aim of this work was to compare the proteolytic activities of cardosins A and B upon goat's caseins, either in Na-caseinate or independently as α_s - and β -caseins, using electrophoresis and reverse phase HPLC (RP-HPLC) as assay techniques. The study of casein breakdown in model systems will likely generate crucial information that will help to elucidate the complex processes involved in cheese ripening, and eventually contribute toward development of better final cheeses.

2. Materials and methods

2.1. Preparation of substrate

Whole caprine caseins were prepared via isoelectric precipitation of caprine milk by acidification to pH 4.25 with 6 M HCl, heating to 45° C, holding at that temperature for 45 min and centrifugation at 6000 g for 10 min. The precipitate was recovered by filtration and washed several times with deionized water, and caseins were resuspended in deionized water (up to the same initial volume) with pH adjusted to 7.0 with 1 M NaOH. The system was allowed to equilibrate at 4°C for at least 2 h before lyophilization; Na-caseinate was stored in this form until experimental use began.

Caprine α_{s1} - and β -caseins were separated and purified following the method of Mercier, Maubois, Poznanski and Ribadeau-Dumas (1968), with modifications; these two casein families were prepared through fractionation of Na-caseinate (0.1 g per ml of Tris–HCl buffer) by chromatography in a column (75×2.5 cm) using DEAEcellulose as stationary phase and 0.01 M Tris–HCl buffer (pH 7.0), containing 4.5 M urea, 0.01 M imidazole and 0.1% (w/v) β -mercaptoethanol, as mobile phase through a linear gradient of 0–0.4 M sodium chloride within 7.5 h at 80 ml/h. The experiments were carried out at room temperature. The α_{s} - and β -casein fractions obtained were independently pooled together, dialyzed against deionized water, lyophilized and stored prior to use.

2.2. Preparation of enzyme

The enzymes were obtained following the method of Verissimo et al. (1995); the stigmae and stylets of dried flowers of *C. cardunculus* were separated and homogenized, using a mortar and pestle, at the ratio of 1 g of flowers per 12 ml of aqueous 0.1 M citric acid (pH 3.0). The homogenate was centrifuged at 6000 g for 20 min; then a 2-ml aliquot of the supernatant was applied to a Highload 26/60 Sephacryl S-200 column (Pharmacia)

after proper equilibration, and eluted with 20 mM Tris-HCl buffer (pH 7.6) at 1.5 ml/min. Detection was by absorbance at 280 nm. The fraction collected at the outlet stream, which corresponds to the proteinases of interest (i.e. to the peak of absorbance eluted at ca. 135 ml), was applied to a Mono Q HR 5/5 column (Pharmacia); elution proceeded with the same buffer at a flow rate of 0.75 ml/min under a linear gradient of 0–0.5 M NaCl within 30 min; all fractions corresponding to peaks of absorbance were duly collected. Assay for purity was done via polyacrylamide gel electrophoresis with sodium dodecyl sulphate in a Phastsystem (Pharmacia) using PhastGel homogeneous 20.

2.3. Quantification of protein

Protein concentration was determined according to the method of Bradford (Robyt & White, 1990). Bovine serum albumin (Merck) was used as standard in the preparation of the calibration curve.

2.4. Performance of enzymatic hydrolysis

Whole caseinate, α_s -caseins and β -caseins were independently dissolved in 100 mM phosphate buffer (pH 6.8) to a final concentration of 10 mg/ml and allowed to stabilize at 30°C; sodium azide was then added at 0.05% (w/v) to inhibit protein degradation by adventitious microflora. The ratio of enzyme solution (180 µg/ml) to substrate was 0.526:10 (v/v) in both cases. Samples of hydrolysates were taken after 1 min, 1 h, 3 h, 6 h and 10 h, and the reaction was quenched prior to analysis via addition of double-concentrated buffer at 50% (v/v) (McSweeney, Olson, Fox, Healy & Hojrup, 1993) in the case of samples for electrophoresis, or via heating at 95°C for 30 min in the case of samples for RP-HPLC.

2.5. Electrophoretic analysis

Urea polyacrylamide gel electrophoresis (urea-PAGE) (12.5% for the separation gel, 4% for the stacking gel and pH 8.9) was performed on samples of casein hydrolysates using the method of Andrews (1983) with the modifications proposed by Shalabi and Fox (1987). Electrophoresis was carried out in a Protean II xi cell vertical slab unit (Bio-Rad) using model 1000/500 as power supply. Gels were stained with Coomassie Blue G250 (Bio-Rad) following the method of Blakesley and Boezi (1977). Quantification of α_s - and β -caseins was by densitometry using a Model GS-700 imaging densitometer (Bio-Rad).

2.6. Chromatographic analysis

Samples of hydrolysates (2 ml) were adjusted to pH 4.6 by addition of 60 μ l of 33.3% (w/v) acetic acid and

held at that temperature for 10 min; 60 μ l of 3.33 mol/l sodium acetate were then added and the samples were held again for 10 min; the samples were then centrifuged at 8000 g for 10 min, and the supernatants were finally recovered for further analysis.

The method of Singh, Fox and Healy (1995) was used to produce the peptide profile, by RP-HPLC, of casein hydrolysates. Chromatographic analysis was performed in a Beckman system consisting of an autosampler (Model 502), a solvent delivery system with two pumps (programmable solvent Module 126), a diode array detector (Module 168) and a personal computer with the GoldTM software v. 6.01 for data acquisition and analysis. Elution was done at 30°C via a Lichrosorb 250×4 mm RP-8 (5 µm) column (Merck), placed after a Lichrocart 4-4 guard column (Merck), at 1 ml/min using a binary eluent: solvent A, i.e. 0.1% (v/v) trifluoroacetic acid (TFA) in water, and solvent B, i.e. 0.1% (v/v) TFA in acetonitrile. The gradient pattern followed was: 100% (v/v) A for 5 min, a linear gradient to 50% (v/v) B by 55 min, 50% (v/v) B for 6 min, a linear gradient to 60% (v/v) B by 4 min and 60% (v/v) B for 3 min.

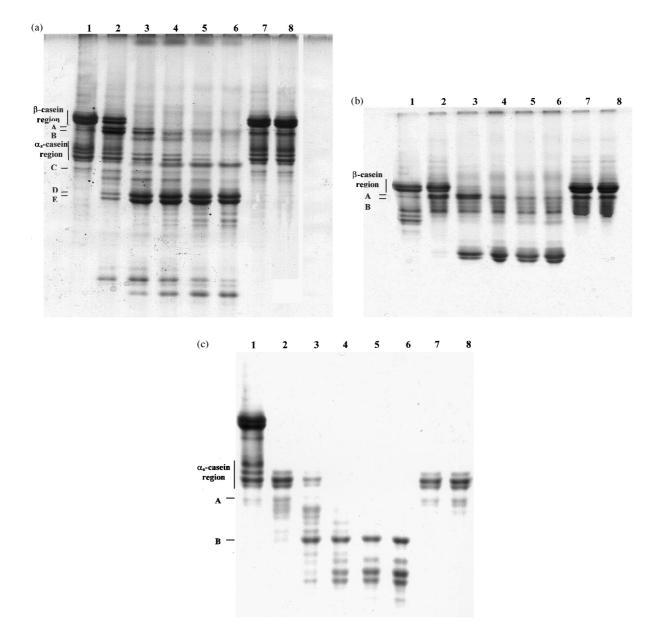


Fig. 1. Urea-PAGE electrophoregram of caprine sodium caseinate (a), pure β -casein (b) and pure α_s -casein (c) by 1 min, 1 h, 3 h, 6 h and 10 h (lanes 2–6, respectively) of hydrolysis by cardosin A. Plain caprine Na-caseinate was included as standard in lane 1. Plain caprine Na-caseinate, after incubation for 1 min and 10 h, was included as control in lanes 7 and 8, respectively, of (a); plain β -casein, after incubation for 1 min and 10 h, was included as control in lanes 7 and 8, respectively, of (a) min and 10 h, was included as control in lanes 7 and 8, respectively, of (a) min and 10 h, was included as control in lanes 7 and 8, respectively, of (c).

Aliquots of 100 μ l were injected into the RP-HPLC system and detection was by absorbance at 214 nm.

2.7. Sequencing analysis

Peptides collected manually from the outlet of the RP-HPLC system were sequenced up to 5–6 residues from their N-terminus via the Edman degradation on an automated pulsed liquid-phase protein–peptide sequencer (Applied Biosystems model 477A, Foster City, CA, USA); liberated amino acids were detected as their phenylthiohydantoin derivatives. The partial sequence

thus obtained was checked against the (known) sequences of caseins so as to identify the peptide bonds cleaved by the proteinases.

3. Results and discussion

3.1. Electrophoretic profiling

Figs. 1 and 2 depict typical urea-PAGE electrophoregrams of caprine caseinate, as well as pure β -caseins and pure α_s -caseins, hydrolysed by cardosin A and B,

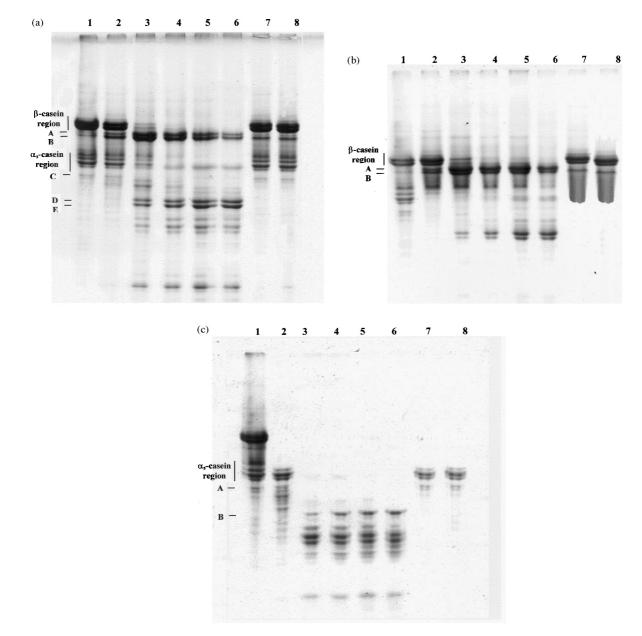


Fig. 2. Urea-PAGE electrophoregram of caprine sodium caseinate (a), pure β -casein (b) and pure α_s -casein (c) by 1 min, 1 h, 3 h, 6 h and 10 h (lanes 2-6, respectively) of hydrolysis by cardosin B. Plain caprine Na-caseinate was included as standard in lane 1. Plain caprine Na-caseinate, after incubation for 1 min and 10 h, was included as control in lanes 7 and 8, respectively, of (a); plain β -casein, after incubation for 1 min and 10 h, was included as control in lanes 7 and 8, respectively, of (a) min and 10 h, was included as control in lanes 7 and 8, respectively, of (b); and plain α_s -casein, after incubation for 1 min and 10 h, was included as control in lanes 7 and 8. respectively, of (c).

respectively. The fractional degradation of β -casein and α_s -casein by each cardosin is depicted in Figs. 3 and 4, respectively.

The group with the lowest electrophoretic mobility in Figs. 1 and 2 consists of β -casein (Richardson & Creamer, 1974), which is sometimes subdivided into two varianting, viz: β_1 - and β_2 -caseins (these two bands are lumped together as the β -casein region). The group of bands with the highest electrophoretic mobility is accounted for by α_s -caseins, and includes four different bands (also lumped together as the α_s -casein region); depending on the genetic protein polymorphism in goat's milk, the α_s -casein region may indeed include a variable number of molecular species (Boulanger, Grosclaude & Mahé, 1984; Carretero, Trujillo, Mor-Mur & Guamis, 1994).

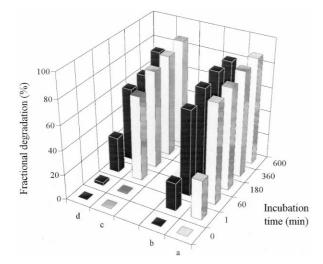


Fig. 3. Fractional degradation of β -casein in caprine caseinate and in pure form via hydrolysis effected by cardosin A (a: caseinate; b: pure) and B (c: caseinate; d: pure).

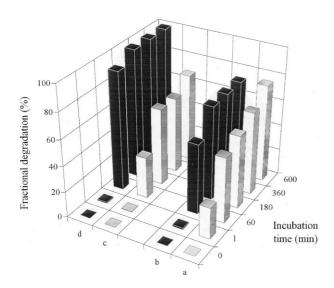


Fig. 4. Fractional degradation of α_s -casein in caprine caseinate and in pure form via hydrolysis effected by cardosin A (a: caseinate; b: pure) and B (c: caseinate; d: pure).

The degradation patterns of α_s - and β -caseins, either isolated or in the presence of each other as caseinate, were similar under the action of either cardosin. β -Caseins were hydrolyzed by cardosin A or B to yield a pair of bands of higher electrophoretic mobility (denoted as bands A and B in lanes 2–6 of Figs. 1a, b and 2a, b), which can be noticed after as little as 1 min of incubation. This pair of bands is comparable to that accounted for by bovine β -I-casein (Sousa, 1993), and its existence was previously reported during proteolysis of caprine caseinate brought about by crude proteinases of C. cardunculus at pH 6.5 (Sousa & Malcata, 1998), as well as for proteolysis of caseins during ripening of caprine cheeses manufactured with this plant rennet (Sousa & Malcata, 1997a). They were also noticed in proteolysis of caprine β -caseins catalysed by calf rennet (Trujillo, Guamis & Carretero, 1995). Studies encompassing casein breakdown in caprine cheeses by animal rennet have also reported the presence of bands accounted for by β -I-casein (Carretero et al., 1994; Marcos, Esteban, León & Fernández-Salguero, 1978). In what concensus the catalytic activity of cardosin A upon β -caseins, bands A and B in either caprine caseinate or pure caseins tend to vanish as hydrolysis time elapses, but the opposite is observed for the action of cardosin B (see lanes 2–6 of Figs. la, b and 2a, b).

The products of degradation of α_s -caseins, by both cardosins A and B, yielded thin bands placed right after the α_s -case in region (see band C of Figs. 1a and 2a, and band A of Figs. 1c and 2c); this band may correspond to that termed α_s -I-case in the bovine counterpart, and its existence was claimed elsewhere by Sousa and Malcata (1998) during degradation of caprine caseins in solution effected by extracts of flowers of C. cardunculus. Studies of proteolysis of caprine caseins in distinct varieties of cheeses have also reported the existence of bands accounted for by α_s -I-casein (Carretero et al., 1994; Sousa & Malcata, 1997a). The fact that these bands are not too intense is probably the result of a relatively low concentration and/or great susceptibility to further hydrolysis (Marcos et al., 1978; Freitas, Fresno, Prieto, Malcata & Carballo, 1997). Other breakdown products are visible after α_s -I-casein, the number and intensity of which are different, depending on whether cardosin A or cardosin B were employed; in caseinates, two major bands appeared after the α_s -I-casein, which became thicker (see bands D and E in lanes 2-6 of Figs. 1a and 2a) as incubation progressed. When caseins were tested independently, one band with the same electrophoretic mobility as band E of Figs. 1a and 2a was apparent (see band B of Figs. 1c and 2c), thus suggesting that such band actually results from α_s -casein.

The breakdown patterns for β - and α_s -caseins were rather different from one another. If caseins were mixed together in caseinate form, β -casein is degraded by both proteinases to approximately the same extent (up to

87%) by 10 h; however, proteolysis by cardosin A is quicker than by cardosin B (see Fig. 3). Hydrolysis of α_s -caseins occurred to different levels depending on the cardosin in question: α_s -caseins were quickly and extensively degraded by cardosin A, reaching a percent degradation of 75% by 10 h; within the same time frame, those caseins did undergo hydrolysis by cardosin B, but only up to 68% (see Fig. 4). These results are in agreement with those reported by Sousa and Malcata (1998): in caprine Na-caseinate, β -caseins were hydrolysed to a higher level than α_s -caseins at pH 6.5 by enzymatic extracts of flowers of *C. cardunculus*.

In their pure form, β -caseins were broken down faster and more extensively by cardosin A (up to 80% within 10 h) than by cardosin B (up to 73% in the same period) (Fig. 3). α_s -Caseins, in pure form, were completely degraded by cardosin B by 1 h of hydrolysis, whereas cardosin A could only carry out 73% degradation by 10 h of incubation (Fig. 4).

3.2. Chromatographic profiling

The RP-HPLC peptide profiles of caprine caseinate, as well as of pure β - and α_s -casein, after hydrolysis for 10 h by cardosin A and B, are independently shown in Figs. 5, 6 and 7, respectively.

The peptide profiles of the caseinate hydrolysates are considerably different from one another, both qualitatively and quantitatively; by 10 h of hydrolysis. the number of peptides produced, via action of cardosin B, is higher than that via action of cardosin A. This observation may be a consequence of the different specificities of these proteinases upon caprine caseins. The number of peaks produced in the hydrophobic region, i.e. with elution times between 50 and 60 min (Sousa & Malcata, 1997b), is virtually the same for both cardosins by 10 h of incubation (see Fig. 5). After 10 h, cardosin A yielded 6 major peaks, whereas cardosin B yielded 7 (see Fig. 5i, ii). Upon partial sequencing, it was concluded that cardosin A cleaved β-casein at bonds Leu190-Tyr191 and Leu127-Thr128, as derived from the N-terminal sequences of peptides 2, 3 $[\beta(f191-*)]$ and 5 $[\beta(f128-*)]$ (see Fig. 5i). Cardosin B also cleaved the same peptide bonds, identified from the N-terminal sequences of peptides 3, 4 [\beta-(f191-*)] and 6 [\beta-(f128-*)] (see Fig. 5ii). No cleavage sites were identified for α_s -caseins. Sousa and Malcata (1998) have reported that the major cleavage sites by cardosins in caprine caseinate are Glu100-Thr101, Leu127-Thr128, Leu136-Pro137 and Leu190-Tyr191 for β-casein, Phe23-Val24, Trp164-Tyr165 and Tyr173-Thr174 for α_{s1} -casein, and Ser9-Ser10, Phe88-Tyr89 and Tyr179-Leu180 for α_{s2} -casein.

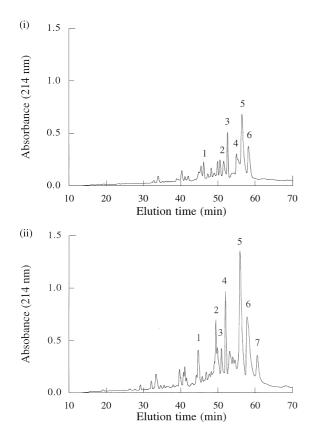


Fig. 5. RP-HPLC peptide profiles of caprine caseinate by 10 h of hydrolysis catalysed by cardosin A (i) and B (ii).

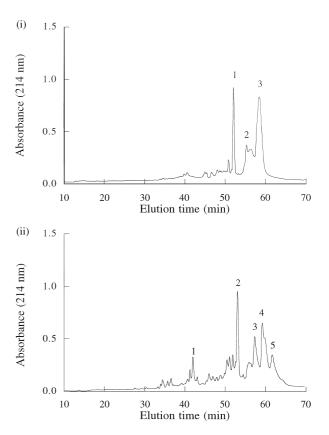


Fig. 6. RP-HPLC peptide profiles of caprine β -casein by 10 h of hydrolysis catalysed by cardosin A (i) and B (ii).

With β -casein, three major peaks could be noticed after 10 h of hydrolysis effected by cardosin A (see Fig. 6i), whereas cardosin B yielded 5 major peaks (see Fig. 6ii). Once again, it was noticed that both enzymes cleaved the same peptide bonds, viz. Leu190-Thr191 and Leu127-Thr128, as derived from the N-terminal sequence of peptides 1 [β -(f191-*)] and 3 [β -(f128-*)] for cardosin A (see Fig. 6i), and peptides 2 [β -(f191-*)] and 4 [β -(f128-*)] for cardosin B (see Fig. 6ii). When bovine β -casein was tested with cardosins A and B independently, it was found that the peptide bond Leu127-Thr128 and Leu165-Ser166 were also cleaved by both proteinases (Simões, 1998).

The N-terminal sequence of caprine α_{s1} -casein was identified in the peptides designated as 2 [α_s -(1-*)] (see Fig. 7i, ii). α_{s1} -Casein was cleaved by cardosins A and B at Phe153-Tyr154, as again derived from the N-terminus of peptide 1 [α_{s1} -(f154-*)] (see Fig. 7i, ii). In bovine α_{s1} -casein, both cardosins could catalyse the hydrolysis of Phe23-Phe24, Trp164-Tyr165 and Phe153-Tyr154; cardosin A also cleaved the bond Tyr165-Tyr166, while cardosin B cleaved Phe150-Arg151 (Ramalho-Santos, Verissimo, Faro & Pires, 1996).

Although the chromatograms depicted in Figs. 6i and 7i, or 6ii and 7ii, do not add up to exactly obtain those

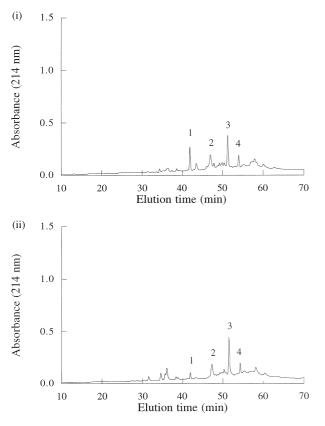


Fig. 7. RP-HPLC peptide profiles of caprine α_s -caseins by 10 h of hydrolysis catalysed by cardosin A (i) and B (ii).

depicted in Fig. 5i and ii, it should be noted that caseinate also includes κ -casein in its composition (in addition to α_{s} - and β -caseins), which can as well undergo hydrolysis by cardosins.

4. Conclusions

The degradation patterns of caprine caseins, both in caseinate form and pure form, were observed to be similar when effected by either cardosin A or B. In caseinate form, β -caseins were broken down faster by cardosin A than B, but they were eventually degraded to approximately the same extent by both proteinases; furthermore, α_s -caseins were quickly and extensively hydrolysed by cardosin A and less extensively by cardosin B. When caseins were tested independently, β caseins were less extensively degraded by cardosin B than A, whereas α_s -case ins were totally hydrolysed by cardosin B. Distinct peptide profiles were observed throughout hydrolysis of caseins, catalysed by either cardosin, in caseinate form and in pure form. In caseinate, the major cleavage sites by the two cardosins were Leu127-Thr128 and Leu190-Tyr191 for β-casein; both enzymes cleaved the peptide bond Phe153-Tyr154 in isolated α_{s1} -casein, and cleaved Leu127-Thr128 and Leu190-Tyr191 in isolated β -casein.

Acknowledgements

The authors are grateful to Dr. José Empis (Instituto Superior Técnico, Lisboa, Portugal) for cosupervision within the scope of the graduate program where author S.V.S. was enrolled. Financial support for S.V.S. was provided by an MSc fellowship (BM/8824/96) issued by PRAXIS XXI (FCT, Portugal). Partial financial support for this work was provided by research grants through projects PROTOLACTIS: PROdução, por Tecnologias Optimizadas, de LACticínios TradicionaIS (PAMAF, Portugal) and IMPACTO: Investigação dirigida ao Melhoramento do queijo serra Por integrAção de abordagens Científicas e TecnOlógicas (PRAXIS XXI, Portugal), both coordinated by F.X.M.

References

- Andrews, A. T. (1983). Proteinases in normal bovine milk and their actions on caseins. *Journal of Dairy Research*, 50, 45–55.
- Blakesley, R. W., & Boezi, J. A. (1977). A new staining technique for proteolysis in polyacrilamide gels using Coomassie Brilliant Blue G250. Analytical Biochemistry, 82, 580–581.
- Boulanger, A., Grosclaude, F., & Mahé, M. F. (1984). Polymorphisme des caséines α_{s1} et α_{s2} de la chévre (*Capra hircus*). *Génétiqie Séléction et Evolution*, *16*, 157–176.
- Carretero, C., Trujillo, A. J., Mor-Mur, M., & Guamis, B. (1994). Electrophoretic study of casein breakdown during ripening of goat's

milk cheese. Journal of Agricultural and Food Chemistry, 42, 1546–1550.

- Freitas, A. C., Fresno, J. M., Prieto, B., Malcata, F. X., & Carballo, J. (1997). Effects of ripening time and combination of ovine and caprine milks on proteolysis of Picante cheese. *Food Chemistry*, 60, 219–229.
- Jin, Y. K., & Park, Y. W. (1996). SDS-PAGE of proteins in goat milk cheeses ripened under different conditions. *Journal of Food Science*, 61, 490–494.
- Kelly, M., Fox, P. F., & McSweeney, P. L. H. (1996). Effect of salt-inmoisture on proteolysis in Cheddar-type cheese. *Milchwissenschaft*, 51, 498–501.
- Macedo, A., Malcata, F. X., & Oliveira, J. C. (1993). The technology, chemistry and microbiology of Serra cheese: a review. *Journal of Dairy Science*, 76, 1725–1739.
- McSweeney, P. L. H., Olson, N. F., Fox, P. F., Healy, A., & Hojrup, P. (1993). Proteolytic specificity of chymosin on bovine α_{s1} -casein. *Journal of Dairy Research*, 60, 401–412.
- Marcos, A., Esteban, M. A., León, F., & Fernández-Salguero, J. (1978). Electrophoretic patterns of European cheeses: comparison and quantification. *Journal of Dairy Science*, 62, 892–900.
- Mercier, J. C., Maubois, J. L., Poznanski, S., & Ribadeau-Dumas, B. (1968). Fractionnement préparatif des caséines de vache et brebis par chromatographie sur D.E.A.E. cellulose, en milieu urée et 2mercaptoéthanol. *Bulletin de la Societe de Chimie Biologique*, 50, 521–530.
- Ramalho-Santos, M., Veríssimo, P., Faro, C., & Pires, E. (1996). Action on bovine α_{s1} casein of cardosins A and B, aspartic proteinases from the flowers of the cardoon *Cynara cardunculus* L. *Biochimica et Biophysica Acta, 1297*, 83–89.
- Roseiro, M. L. B. (1991). Ewe's milk cheesemaking in Portugal using a vegetable rennet (a review). *Sheep Dairy News*, 8, 65–80.
- Richardson, B. C., & Creamer, L. K. (1974). Comparative micelle structure III. The isolation and chemical characterization of caprine β_1 -casein and β_2 -casein. *Biochimica et Biophysica Acta*, 365, 133–137.
- Robyt, J. F., & White, B. J. (1990). Biochemical techniques theory and practice. Prospect Heights IL: Waveland Press (pp. 213–252).
- Sanjuan, E., & Fernández-Salguero, J. (1994). Influencia de algunos

factores sobre el tiempo de coagulación por cuajo vegetal (*Cynara* sp.). *Alimentacion, Equipos y Tecnologia, 13*, 69–73.

- Shalabi, S. I., & Fox, P. F. (1987). Electrophoretic analysis of cheese: comparison of methods. *Irish Journal of Food Science and Technol*ogy, 11, 135–151.
- Silvestre, M. P. C. (1997). Review of the methods for the analysis of protein hydrolysates. *Food Chemistry*, 60, 263–271.
- Simões. I. I. G. (1998). Caracterização molecular da acção das cardosinas A e B sobre caseínas β- e κ- bovinas. MSc thesis, Universidade de Coimbra, Coimbra, Portugal.
- Singh, T. K., Fox, P. F., & Healy, A. (1995). Water-soluble peptides in Cheddar cheese: isolation and identification of peptides in the diafiltration retentate of the water-soluble fraction. *Journal of Dairy Research*, 62, 629–640.
- Sousa, M. J. C. F. (1993). Plant rennet substitute from flowers of Cynara cardunculus. MSc thesis, National University of Ireland, Cork, Ireland.
- Sousa, M. J., & Malcata, F. X. (1997a). Comparative biochemical evolution during ripening of bovine and caprine cheeses manufactured with extracts of flowers of *Cynara cardunculus*. Zeitschrift fuer Lebensmittel-Untersuchung und Forschung A, 205, 97–103.
- Sousa, M. J., & Malcata, F. X. (1997b). Comparison of plant and animal rennets in terms of microbiological, chemical, and proteolysis characteristics of ovine cheese. *Journal of Agricultural and Food Chemistry*, 45, 74–81.
- Sousa, M. J., & Malcata, F. X. (1998). Proteolysis of ovine and caprine caseins in solution by enzymatic extracts from the flowers of *Cynara cardunculus. Enzyme and Microbial Technology*, 22, 305– 314.
- Trujillo, A.-J., Guamis, B., & Carretero, C. (1995). Proteolysis of goat β-casein by calf rennet under various factors affecting the cheese ripening process. *Journal of Agricultural and Food Chemistry*, 43, 1472–1478.
- Veríssimo, P., Esteves, C., Faro, C., & Pires, E. (1995). The vegetable rennet of *Cynara cardunculus* L. contains two proteinases with chymosin and pepsin-like specificities. *Biotechnology Letters*, 17, 621–626.
- Visser, S. (1993). Proteolytic enzymes and their relation to cheese ripening and flavor: an overview. *Journal of Dairy Science*, *76*, 329–350.